# Cost-effectiveness of prevention:

Community-based interventions to control and prevent Lyme disease

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#### Disclaimer

This presentation represents the work of the author and does not necessarily represent the policy or opinion of the CDC or DHHS.



#### What is . . .

The cost-effectiveness of community-based Lyme disease control measures?



#### ANSWER:

- **≻**Not sure
  - ➤ No readily accessible published studies.

- > WHY no available answer?
  - Missing/ non-existent data



### What is cost-effectiveness?

- > Expressed as \$/ per unit health outcome
  - ► E.g., \$/ case averted

➤ Cost per case = \$ Intervention - \$ saved

Cases averted



#### REMEMEBR

Cost-Effectiveness # Cost Savings

#### What is:

a "reasonable" threshold? the maximum "allowable" \$/ case averted?

"Cost-Effectiveness" is SUBJECTIVE term

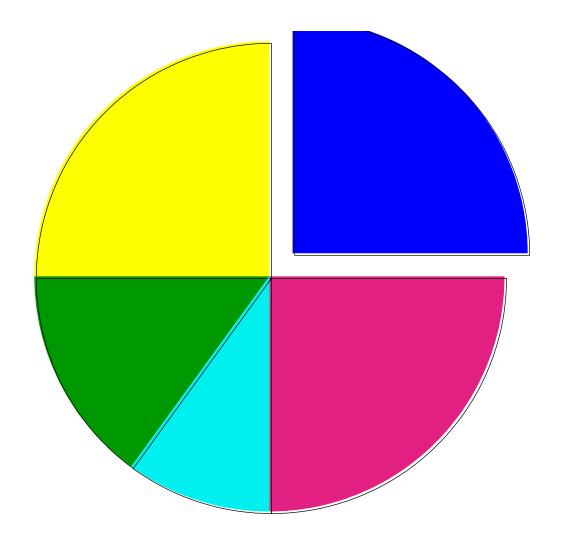


#### FURTHER

Cost Savings # "Must Do"



#### **Economics: Part of the "Decision pie"**





# 4 data "buckets" needed for a good cost-effectiveness study

- Epidemiology and clinical
  - Who, when where, what happens
- Cost of clinical illnesses and outcomes
- Interventions
  - What, how well work, where, side effects?
  - Must have a comparator
- Cost of interventions
  - Must include \$ of treating side effects



## Epidemiological data: Risk clinical case Confirmed cases / 100,000 population

State	2007	2008	2009
Alabama	0.3	0.1	0.1
Alaska	1.5	0.9	1.0
Arizona	0.0	0.0	0.0
Arkansas	0.0	0.0	0.0
California	0.2	0.2	0.3
Colorado	0.0	0.0	0.0
Connecticut	87.3	78.2	78.2
Delaware	82.7	88.4	111.2
<b>District of</b>	10.7	12.0	8.8
Columbia	19.7		
Florida	0.2	0.4	0.4
Michigan	0.5	0.8	0.8

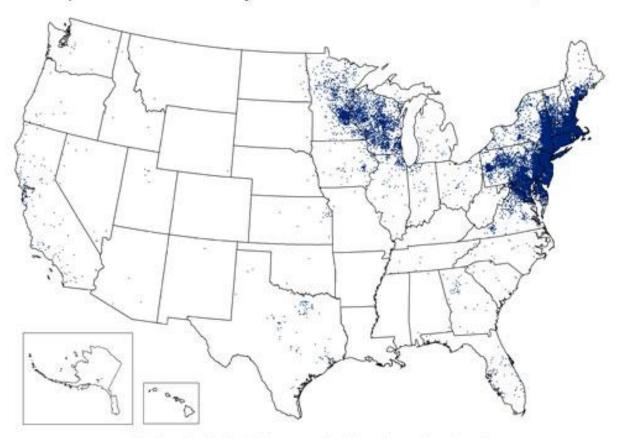


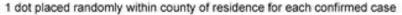
Source: http://www.cdc.gov/ncidod/dvbid/lyme/ld\_IncidenceRatesbyState20052009.htm

#### 1

#### Epidemiological data: Risk clinical case

#### Reported Cases of Lyme Disease -- United States, 2009







Source: http://www.cdc.gov/ncidod/dvbid/lyme/ld\_Incidence.htm

### Epidemiological data

#### EPIDEMIOLOGY AND DETERMINANTS

GARY SMITH, DPHIL 

E. PAUL WILEYTO, PHD MS

ROBERT B. HOPKINS 

BRYAN R. CHERRY, VMD

JOHN P. MAHER, MD MPH

Risk Factors for Lyme Disease in Chester County, Pennsylvania



### Epidemiological data

- > Risk factors:
  - > Age: 10-19 years; and 50+ years of age
  - Rural > urban (3 times more)
  - ➤ Single homes, homes with woods, <100 ft to woods
  - ➤ Gardening + 4 hrs/ week
  - Other factors: not risk

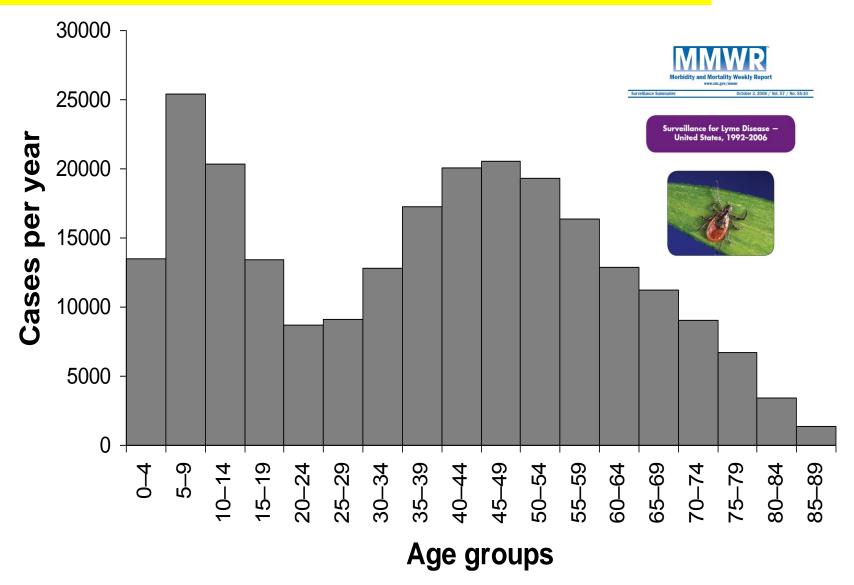
Source: Smith et al. Public Hlth Report 2001 (supp 1).

- MUST place risk in context
  - ➤ Geography, season, exact activity, ecology, etc.

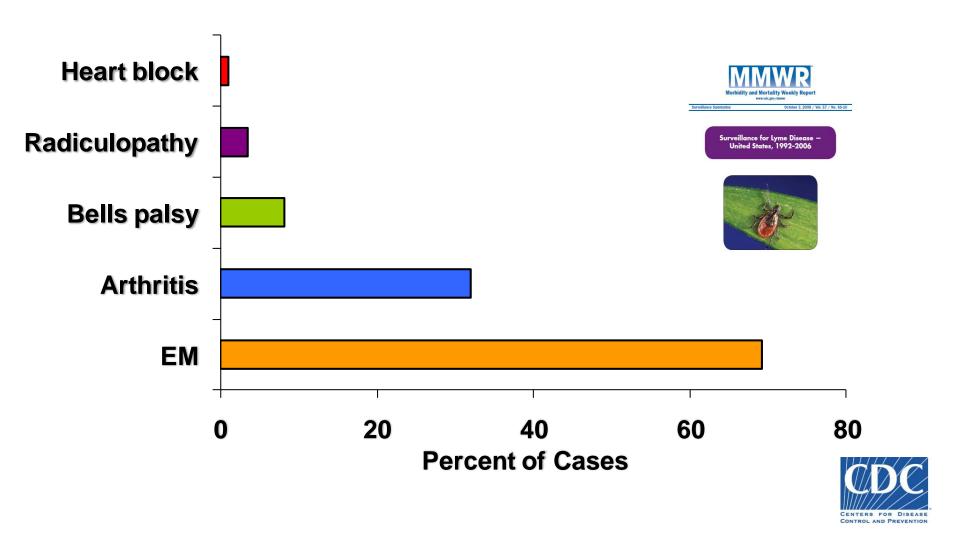


## Reported Lyme Disease Cases by Age Category, United States, 1992-2006





#### Clinical Features of Lyme Disease Cases Reported to CDC, United States, 1992-2006

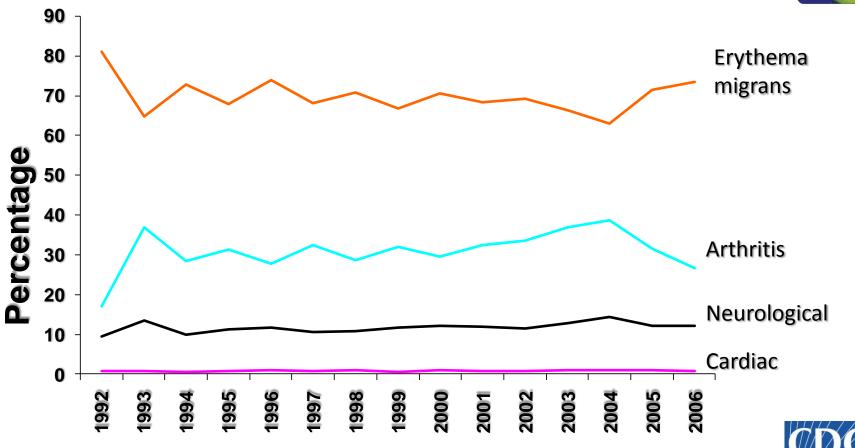


## Change in Frequency of Clinical Features, United States, 1992-2006





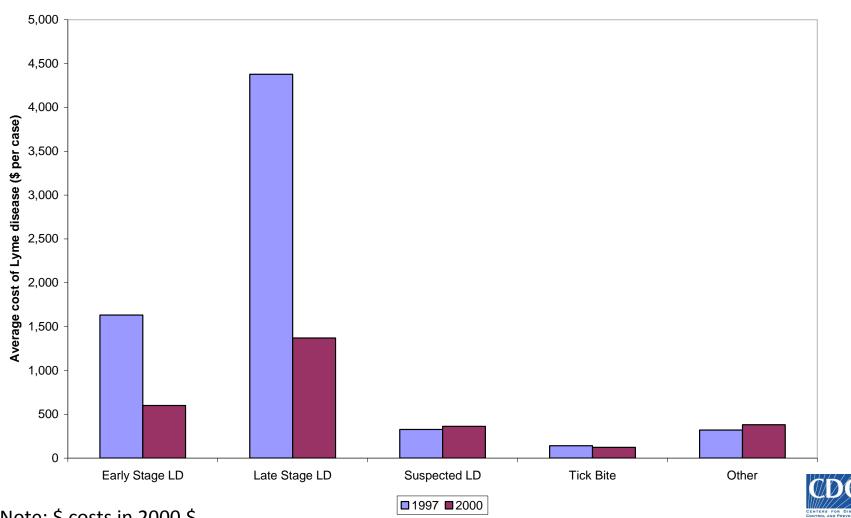






#### Bucket #2: Cost of case

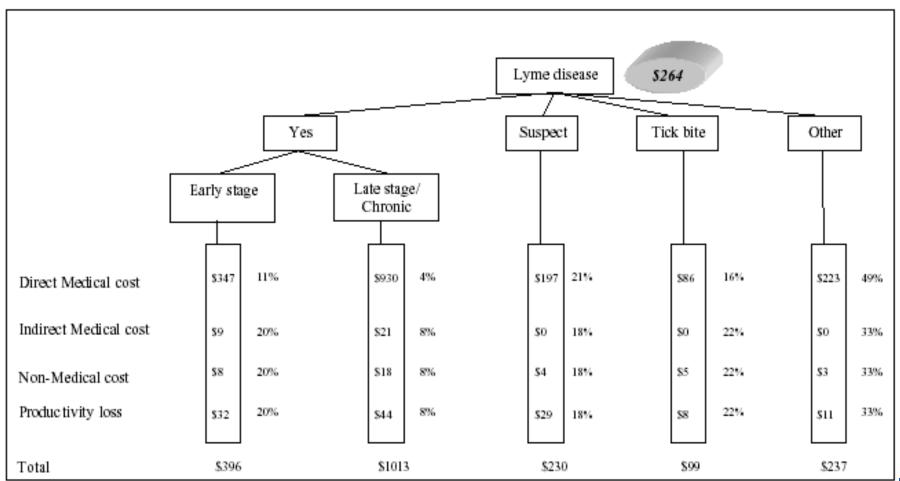
Figure 2. Trend of direct medical cost of Lyme disease 1997-2000



Note: \$ costs in 2000 \$

Source: Zhang et al. Emerg Infect Dis 2006

#### Bucket #2: Cost of case: outcome tree



Note: \$ costs in 2000 \$

Source: Zhang et al. Emerg Infect Dis 2006



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#### Bucket #2: Cost of confirmed case

- > For each confirmed LD patient
  - >\$2,970 direct medical cost
  - >\$4,762 indirect medical cost, non-medical cost and productivity loss
- Economic burden of LD in U.S. (2000 \$)
  - > 184 million dollars
  - Conservative and underestimated

Note: \$ costs in 2000 \$

Source: Zhang et al. Emerg Infect Dis 2006



#### **Bucket #3: Interventions**

**Vaccination** 

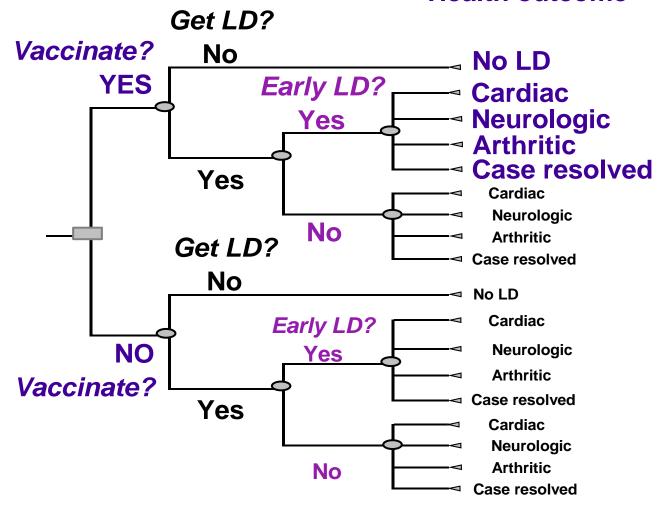
- Control tick hosts
  - Population reduction or exclusion
- Personal protection

- Control ticks
  - On hosts or on ground



#### Interventions: vaccine: analysis

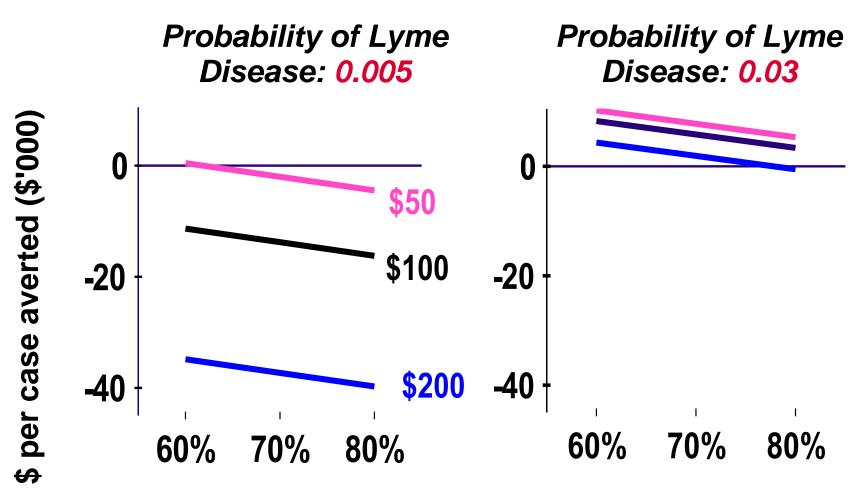
#### **Health outcome**





Source: Meltzer et al. Emerg infect Dis 1999

#### **Results: Cost effectiveness**



Probability of early diagnosis and treatment of Lyme disease



Source: Meltzer et al. Emerg infect Dis 1999

#### Conclusions: Vaccine: Cost -effectiveness

- Public health policy implications
  - Value in targeting by risk of LD
  - ➤ Value in increasing probability of correct eraly diagnosis and successful treatment

- > Similar conclusions from:
  - ➤ Hsia et al. Arthritis & Rheumatism, 2002.

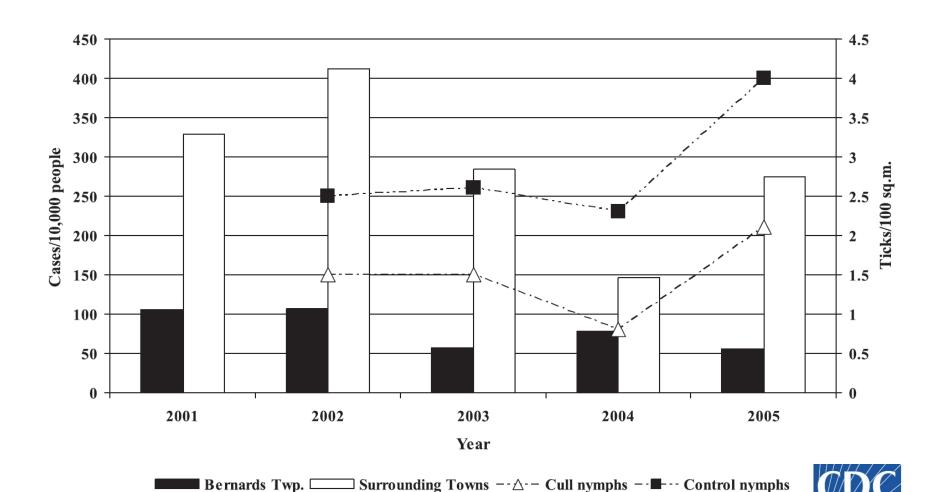


#### Interventions: Control hosts



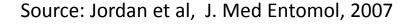


#### Deer Reduction: NJ



CENTERS FOR DISEASE

CONTROL AND PREVENTION



#### Personal protection: reduced risk: CT:

▶ Protective clothing: 40% (95% C.I.: 30 – 50%)

> Tick repellants: 20% (10% - 40%)

**▶** Checking for ticks: 0% Not effective

> Spraying property: 0% Not effective

Note: case control: CT. 709 cases

Source: Vazquez et al Emerg Infect Dis 2008



### Personal protection: In-yard

- Bathed within 2 hrs: 40% (95% C.I.: 22% 77%)
- $\triangleright$  Tick repellants: 41% (N/A 65%)
- Checking for ticks: 45% (6% 68%)
- > Fencing yard : 46% (10% 66%)
- > All else (spraying, landscape, etc.): No effect

Note: Case control: CT.: 364 cases enrolled

Source: Connally et al. Am J Prevent Med 2009



## Self-Medicating applicators: History: Duncan Applicators - 1970s onward





Source: http://www.wpazambia.com/ForSaleSpecialOffers/DuncanApplicator.html

## Self-medicating applicators

[11]

[45]



US005357902A

5,357,902

Oct. 25, 1994

United States Patent [19]

Norval et al.

[54] SELF-MEDICATING APPLICATOR FOR CONTROLLING PESTS ON ANIMALS

[75] Inventors: R. Andrew Norval; Martin I. Meltzer,

both of Gainesville, Fla.; Daniel E. Sonenshine, Virginia Beach, Va.; Michael J. Burridge, Gainesville, Fla.

[73] Assignees: Old Dominion University, Norfolk,

Va.; University of Florida,

Gainesville, Fla.

[21] Appl. No.: 102,599

[22] Filed: Aug. 5, 1993

[58] Field of Search ...... 119/156, 157, 158

[56] References Cited

U.S. PATENT DOCUMENTS

 FOREIGN PATENT DOCUMENTS

8800079 7/1989 South Africa .

Patent Number:

Date of Patent:

#### OTHER PUBLICATIONS

Drummond, R. O. et al. (1988) "Effects of Arthropod Pests on Livestock Production" Control of Anthropod Pests of Livestock pp. 1-27.

Sutherst, R. W. et al. (1982) "Tropical legumes of the genus *Stylosanthes* immobilize and kill cattle ticks" Nature 295:320-321.

McCosker, P. J. (1979) "Global Aspects of the Management and Control of Ticks of Veterinary Importance" Recent Advances in Acarology 2:45-53.

Norval, R. A. I. (1990) "The Impact of Pure Infestations of *Rhipicephalus appendiculatus* and *Amblyomma* hebraeum on the Productivity of Cattle and Implications for Tick Control Strategies in Africa" Parassitologia 32:155-163.

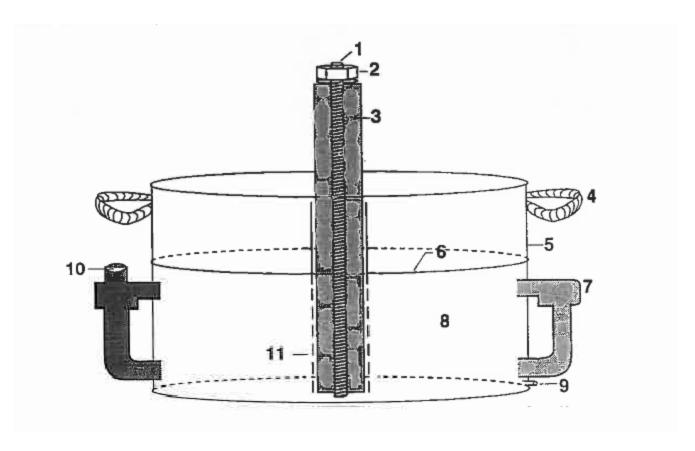
Primary Examiner—Gene Mancene Assistant Examiner—Thomas Price Attorney, Agent, or Firm—Saliwanchik & Saliwanchik

[57] ABSTRACT

The device is a self-medicating applicator that can be



### Self-medicating applicators



Source; Norval et. al: Self medicating applicator for controlling pests on animals. U.S. Patent 5,357,902, Oct 25, 1994.

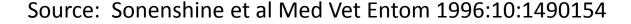


# Impact of applicators: White-tailed deer

Group	Ticks* / deer	S.E.
Treatment: pesticide	3.4	1.1
Control: mineral oil	10.8**	3.0

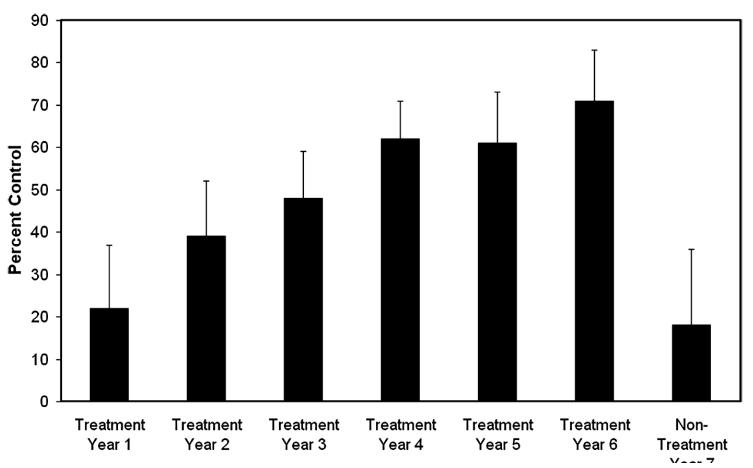
\*Ticks: Ixodes scapularis

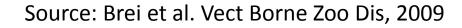
\*\* P < 0.0001





# Impact of applicators: Nymphs: 5 sites







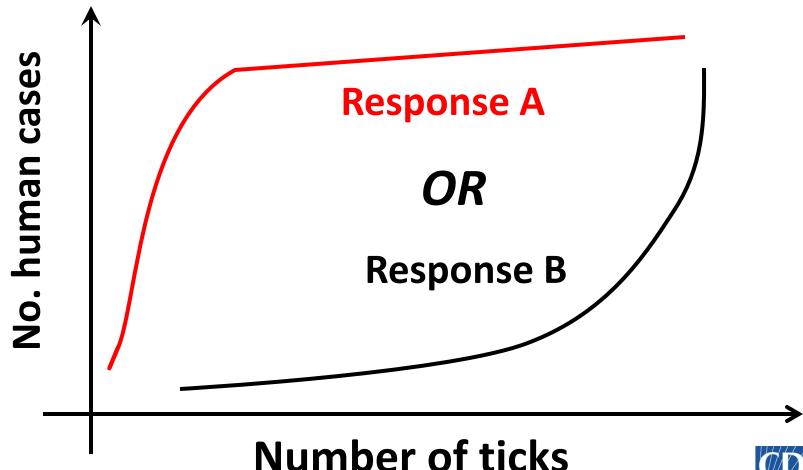
#### Potential problem: Alternative hosts

- Mice not primary host for ticks nor primary reservoir for B. burgdorferi ss,
- Mice feed 10% all ticks; 25% B. burgdorferi-infected ticks
- ➤ Inconspicuous shrews feed 35% all ticks; 55% infected ticks

> May require interventions for multiple species

Source: Dustin et al. Proc R Soc B, 2008

### Applicators: What is missing?





(Infesting hosts, infected, questing, etc.)

#### In other words: Don't need this . . .



**Ixodes scapularis** 



Source: CDC Public Health Image Library http://phil.cdc.gov/phil/home.asp

#### Need this: Impact on risk of cases







Source: CDC Public Health Image Library http://phil.cdc.gov/phil/home.asp

#### Bucket #4: \$ of interventions

> \$ vaccination - have/ had

- > \$ costs of other interventions
  - Appears to be mostly lacking



### Bucket #4: Stated support

	Westport V	Westport Weston, n (%)	
	2002	2004	
Reduced deer population Provide information Use pesticides on deer Use pesticides	261 (71) 394 (99) 288 (80) 239 (68)	290 (78) <sup>a</sup> 386 (98) 258 (74) <sup>a</sup> 256 (70)	

 $<sup>^{</sup>a}p < 0.05; ^{b}p < 0.01.$ 



Source: Gould et al, Vect Borne Zoo Dis, 2008

#### Bucket #4: Beware

- What people say and what they do
  - Often 2 very separate things
- Support of community intervention
  - Depends upon perceptions
  - Can you "see" cases?
- Compliance over time
  - Incredibly big issue
  - "poorly" measured if at all.



## Conclusions: Cost-effectiveness of community based interventions

- Lack adequate data
  - Relationship: tick reduction and cases
  - Effectiveness over time
    - Compliance over time usually drops

- Costs of interventions
  - Sustained can't stop
- Costs of side effects of interventions



## Conclusions: Cost-effectiveness of community based interventions

- What is needed:
  - Field trial(s)
    - Large
    - Measure impact on cases
    - Run for "some time"
      - E.g., 3 5 years
    - Measure changes in community acceptance
    - More than 1 site
    - Measure different risks, attitudes, etc.

